
W1: Rivalries

Thursday, June 4th

Summary:

Today is going to be more relaxed because we are going on a field trip! Before we go though, lets learn a bit about rivalries!

Itinerary:

- Morning Stretch
- What are rivalries?
- Princess Rivalry Rap Battle

Supplies List:

- An empty 2-liter soda bottle (with a cap), with the label removed (for pool challenge).

Intro Activity: Rivalries

- What is a rivalry?
- What are rivalries you have heard of in the past?

Princess Rivalry Rap Battle

An epic rap battle to crown the queen.



*some mature language, PG-13, lyrics in description

Field Trip!

After lunch we will be going swimming, during which you will be able to earn house points by participating in a series of challenges!

How many points are up for grabs? Each camper who participates in the challenges will receive a point. The winners of each individual challenge will receive an extra point.

Challenge #1: SOLO Belly Flop

- **HOW TO PLAY:**

- Each player takes a dive into the pool, showing off their biggest, loudest, most awkward belly flop. The diver who gets the most applause (or laughter) for their belly flop wins!

Challenge #2: Teams Race

- **HOW TO PLAY:**

- Fill the 2-liter bottle with pool water, and close it tightly.
- Divide players into two teams, and have the teams move to opposite ends of the pool, facing away from the water.
- Throw the bottle into the water. When they hear the splash, the teams can turn around and try to find the bottle. The clear bottle will blend in and become almost invisible at the bottom of the pool. The first team to find it wins!